

# SYNS

## Advanced Thoraco-lumbar Course

SFITS  
SWISS Foundation for Innovation and  
Training in Surgery  
Genève

June 22nd-23rd 2023  
2nd SYNS-SGS Spine Hands-on

## Shortcuts

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Marisa Gandía	MG
Dennis Dominguez	DD
Martin Stienen	MS
Moritz Deml	MD
Cédric Barrey	CB

# About

The Swiss Young Neurosurgeons Society (SYNS) is dedicated to the continuous improvement of the neurosurgical training program for residents and young consultants in Switzerland.

We were founded in 2005 by a handful of young residents striving to achieve a high standard of specialty training by organizing focused talks, symposiums and hands-on courses. Our aim is to increase learning and inspiration in the field of neurosurgery while bringing together young minds from all over the country. As of 2011 SYNS carries the status of a registered non-profit society by Swiss law.



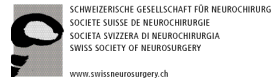
# In cooperation with



SPINEART



NUVASIVE



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SWISS FOUNDATION FOR INNOVATION  
AND TRAINING IN SURGERY



# Thursday 22.06.2023

08:30 – 09:00 Registration and welcome

## SESSION I

09:00 - 09:15 Anterolateral approaches to the lumbar spine: MG/CT  
ATP/OLIF

09:15 - 09:30 X-ALIF – Indications and technique DD

09:30 - 09:45 ALIF - Technical aspects, pearls & pitfalls MD

09:45-10:00 Case discussion All

## HANDS-ON SESSION I A

10:00 – 12:00 ALIF  
• 1st pair - L5/S1

12:00 - 13:30 Lunch

## HANDS ON SESSION I B

13:30 – 15:30 ALIF  
• 2nd pair - L4/L5

15:30 – 15:45 Coffee Break

## SESSION II

15:45 – 16:00 XLIF - Technical aspects, pearls & pitfalls MS

16:00 – 16:15 Case discussion All

## HANDS-ON SESSION II

16:15 – 17:30 XLIF  
• 1st pair - L3/L4

17:30 – 18:30 XLIF  
• 2nd pair - L2/L3

18:45 Apéro Dinatoire at SFITS

# Friday 23.06.2023

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## SESSION III

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08:30 – 08:45 Dorsal vertebral column resection: technical aspects, tips & tricks DJ

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08:45 - 09:15 Case discussion CB

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## HANDS-ON SESSION III

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Dorsal vertebral column resection

Cadaver 1-2

09:15 – 10:45 • 1st pair: Th11

Cadaver 3-4

• 1st pair: Th12

10:45 – 11:00 Coffee break

Dorsal vertebral column resection

Cadaver 1-2

11:00 – 12:30 • 2nd pair: Th12

Cadaver 3-4

• 2nd pair: Th11

12:30 – 13:00 Course wrap-up

# Join the SGS-Annual Meeting!

Date: August 25th, 2023

Venue: Lonza Arena Eissport- und Eventhalle  
Torweg 3, 3930 Visp

And don't miss the opportunity to train your basic skills in endoscopic spine surgery on **August 24th** at the pre-meeting Symposium!